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An aerial photograph of London, England, showing the city skyline and the Elizabeth Tower (Big Ben) on the right. The image is framed by a large white circle on a red background.

The  
English  
**hub**

**1**

**Student's Book**

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**Pronunciation****Speaking****Writing****Functions**

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## Discuss:

- What's your favourite food?
- Do you like going to restaurants? What do you like eating?
- Do you go shopping at the supermarket?

## In this unit you will find:

- Two friends deciding on what to order
- At the restaurant
- A quiz: *Are you a healthy eater?*
- Two women at a supermarket
- An article: *Street Food... in a city!*

## In this unit you will learn:

- to express likes and dislikes about food
- to order food
- to talk about quantity
- to talk about units of measurement
- to make a shopping list
- to talk about your eating habits

# 5

## Let's get some food!



# 5.1

# Are you hungry?

## VOCABULARY

Look at the picture and write the words in the correct group. Then, listen and check your answers.



### Vegetables

peas



### Dairy products

yoghurt



### Fruit

lemons



### Meat

chicken



### Drinks

milk



## READ

A. Listen to the dialogue.  
Then, read it out in pairs.

- Paul** I'm hungry.
- Alex** Have some fruit. Why don't you have a pear?
- Paul** Ew! I don't like fruit. Let's order a pizza.
- Alex** OK, but let's order a vegetarian pizza. I don't eat meat.
- Paul** I know. Do you eat broccoli?
- Alex** Of course not. It's disgusting!
- Paul** OK, calm down. Let's have some mushrooms and some peppers on the pizza, then.
- Alex** And some extra cheese.
- Paul** Of course.
- Alex** What about onions?
- Paul** No way! They're terrible!
- Alex** OK, then. Where's the phone?

B. Read again and answer the questions.

1. Who's a vegetarian?
2. Do the boys like mushrooms?
3. What do the boys want on their pizza?
4. Does Paul like onions?

## GRAMMAR

A. Read the table, the rule and the example.

### Countable and uncountable nouns

	SINGULAR	PLURAL
Countable nouns	a carrot	carrots
Uncountable nouns	milk	X

- a(n)** + singular countable nouns
- some** + plural countable nouns
- some** + uncountable nouns

We've got **an** orange and **some** ice cream in the fridge. We've got **some** apples, too.

B. Complete the blanks with *a*, *an* or *some*.

1. We have \_\_\_\_\_ lemons, \_\_\_\_\_ carrot and \_\_\_\_\_ sausage in the fridge.
2. I want \_\_\_\_\_ cheese and \_\_\_\_\_ chicken, Mum.
3. **A:** I'm hungry.  
**B:** Here's \_\_\_\_\_ orange and \_\_\_\_\_ cherries.
4. **A:** Let's have \_\_\_\_\_ milk and \_\_\_\_\_ cake.  
**B:** I don't like milk.  
**A:** What about \_\_\_\_\_ orange juice then?  
**B:** OK.

## LISTEN

Listen to the dialogue. Who likes the food in the pictures? Write D for David, K for Karen or B for Both in the boxes.



1



2



3



4

## SPEAK

Talk in pairs. You and your partner are hungry and you want to order a pizza. Talk about what you want your pizza to have on it. Use the dialogue in the reading activity as an example.

*Do you eat...?*

*Yes, of course. /*

*No, it's/they're terrible.*

*What about a(n)/some ...?*

*Great! / Ew! That's disgusting!*



# 5.2

# Can I take your order?

## VOCABULARY

Match. Then, listen and check your answers.



## READ

A. Look at the picture. Where are the people in the picture? What are they doing? Listen and check your answers.



**Waiter** Good afternoon. May I take your order?

**Fred** Yes, we'd like an appetiser, please.

**Waiter** Of course, sir. What would you like?

**Keith** Do you have any healthy food?

**Waiter** A salad is always a good choice.

**Fred** That sounds good. A salad then. And for my main course, can I have the steak?

**Waiter** Yes, and for you, sir?

**Keith** Oh, I can't decide.

**Waiter** Well, we offer 'combo' meals. You can have half a serving of one main dish and half a serving of another.

**Keith** What a great idea! Can I have a combo with the chicken and the steak, please?

**Waiter** Great. What would you like for dessert?

**Fred** I'd just like a banana milkshake, please. With an extra cherry on top.

**Keith** Can I have some apple pie? Oh, I'd like the ice cream separate, please.

**Waiter** Of course, sir. Is that all?

**Keith** Yes, thank you!



- a** cheeseburger
- b** sandwich
- c** milkshake
- d** rice
- e** chips
- f** mustard
- g** bread
- h** soup
- i** salt & pepper
- j** ketchup
- k** soft drinks
- l** pie

B. Read again and decide if the statements are True or False. Write T for True or F for False in the boxes.

1. Fred and Keith are just having a main course.
2. Fred doesn't like meat.
3. Fred isn't having apple pie for dessert.
4. Keith is having apple pie with cherries on top.




## GRAMMAR

A. Read the rules and the examples.

### some

We use **some** (with uncountable and plural countable nouns):

- in affirmative sentences.

*We can make a pizza. We have **some** cheese and **some** mushrooms.*

- in questions when we offer or ask for something politely.

*Would you like **some** chips?*

*Can I have **some** ketchup, please?*

### any

We use **any** (with uncountable and plural countable nouns):

- in questions.

*Do we have **any** milk or **any** soft drinks in the fridge?*

- in negative sentences.

*I can't make a sandwich because I haven't got **any** cheese or **any** tomatoes.*

B. Complete the dialogue with *some* or *any*.

**Waiter** Hello, sir. What would you like?

**Man** I'd like (1) \_\_\_\_\_ sausages and rice, please.

**Waiter** Sorry, sir. We haven't got (2) \_\_\_\_\_ rice. What about (3) \_\_\_\_\_ chips with your sausages?

**Man** OK, sausages with chips then. I'd also like a milkshake.

**Waiter** We haven't got (4) \_\_\_\_\_ milkshakes, sir. Sorry.

**Man** OK, then. I'd like (5) \_\_\_\_\_ chocolate ice cream.

**Waiter** Is that all?

**Man** Yes, thank you.

## PRONUNCIATION

Listen and tick (✓) the sound you hear.

	burger /g/	orange /dʒ/
vegetables		
yoghurt		
hungry		
sausages		
fridge		

**SPEAK** Talk in pairs. Look at the menu below.

**Student A:** Imagine that you are a waiter/waitress at Joe's Café. Student B is ready to order. Look at the menu below and decide which of the food and drinks are not available. Put an **X** next to five of them. Then, talk to Student B, as in the example, and take his/her order.

**Student B:** Imagine that you are at Joe's Café and you want to order. Student A is the waiter/waitress. Give him/her your order and talk, as in the example.

*Good afternoon. Can I take your order?*

*Yes, I'd like..., please.*

*Is that all?*

*No, I'd also like..., please.*

*I'm sorry, we haven't got any...*

*Would you like...?*

*Yes, please. / No, thank you.*

**JOE'S**  
  
**CAFÉ**

orange juice	£1.00	sandwich	£5.75
milk	£1.00	chicken	£8.00
milkshake	£1.50	cheeseburger	£6.50
chips	£2.50	apple pie	£3.00
soup	£3.75	chocolate cake	£2.50
pizza	£7.50		

# 5.3

# You are what you eat

## READ

Do the quiz and find out how healthy you are.

## VOCABULARY

Match. Then, listen and check your answers.



1. a carton of



2. a bottle of



3. a slice of



4. a can of



5. a packet of



6. a glass of



7. a bar of



8. a cup of



9. a piece of

- a** olive oil
- b** chocolate
- c** coffee or tea
- d** cheese
- e** milk
- f** tuna
- g** pizza
- h** sugar
- i** orange juice

Username:

Password


login

**QUIZ:**  
Are you a healthy eater?

### Quiz

1. How many meals do you have a day? 


- a. 3-4 small meals.
- b. 2 meals.
- c. I don't know. I eat all day.

2. What kind of snacks do you eat when you're hungry? 


- a. Fruit.
- b. A sandwich.
- c. Chocolate bars or sweets.

3. Do you eat fruit and vegetables? 

- a. Yes, every day.
- b. Sometimes.
- c. Fruit and vegetables? What are they?

4. How much milk do you drink a day? 

- a. Over three glasses.
- b. I just have some with my cereal.
- c. I hate milk!

5. How many soft drinks do you drink a day? 

- a. I only drink water.
- b. Just one can.
- c. 3-4 cans a day.

6. Do you eat junk food? 

- a. Not very often.
- b. 2-3 times a week.
- c. Very often. It's so tasty!

## Your score

### Mostly **a**s:

Congratulations! You are a very healthy eater! You are very careful with what you eat. Good for you!

### Mostly **b**s:

Well, it's not all good, but we can't say it's all bad. You know what's healthy for you but you don't always eat right. Keep trying.

### Mostly **c**s:

You have some very bad eating habits. You eat a lot of junk food and that's very bad for you. You must change your eating habits NOW!

## GRAMMAR

A. Read the rules and the examples.

### How much? / How many?

We use **How much** + uncountable nouns:

**A:** *How much lemonade do we have?*

**B:** *About two bottles.*

We use **How many** + countable nouns:

**A:** *How many apples do you eat a day?*

**B:** *Two.*

B. Complete the sentences with *How much* or *How many*.

- \_\_\_\_\_ water do you drink a day?
- \_\_\_\_\_ onions have we got?
- \_\_\_\_\_ chairs are there in the kitchen?
- \_\_\_\_\_ orange juice is there in the fridge?
- \_\_\_\_\_ cups of coffee does Julia drink every day?
- \_\_\_\_\_ tea do British people drink?

## PRONUNCIATION

A. Listen. Notice the difference between the vowel sound in words *a* and *b*.

a. good

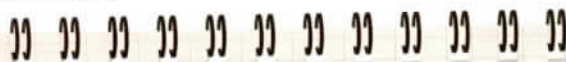
b. food

B. Listen and tick (✓) the sound you hear.

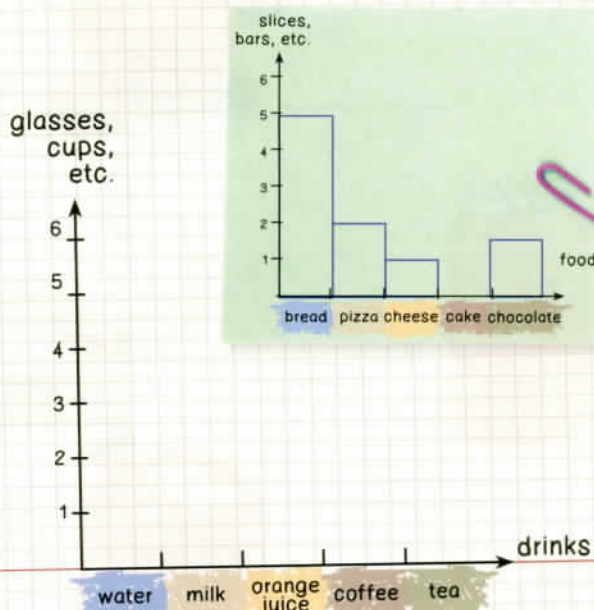
	good /u/	food /u:/
soup		
cook		
sugar		
move		
fruit		
woman		
shoes		

## SPEAK & WRITE

Make a quiz about eating habits for a friend. Write four questions. Use *How much* and *How many*. Then, ask your partner the questions and report to the class.



### What do you eat and drink every day?



*How much water do you drink a day?*

*Two glasses.*

*... drinks two glasses of water a day and...*

# 5.4

# At the supermarket



## VOCABULARY



Look at the table and the pictures. Complete with the correct unit of measurement. Then, listen and check your answers.

### Units of Measurement



**Weight:**  
ounce (oz.)  
pound (lb.)  
ton (t.)



**Volume:**  
pint  
gallon (gal.)



18 \_\_\_\_\_



2 \_\_\_\_\_



12 \_\_\_\_\_



1 \_\_\_\_\_



3 \_\_\_\_\_



## READ



A. Look at the picture. What do you think the women want to buy?

B. Listen, read and check your answers.

- Kate** OK, let's go this way now. So, how much milk do we need?
- Angela** Well, we haven't got much milk in the fridge and you always drink lots of milk. Let's get two pints.
- Kate** OK. What about pasta?
- Angela** Don't worry. We've got a packet of pasta, but we haven't got much cheese. We need half a pound of cheddar.
- Kate** OK. What else do we need?
- Angela** Get a cheesecake and umm... we also need some vegetables.
- Kate** Potatoes? Onions?
- Angela** I'm sure we've got a lot of potatoes and onions, but there aren't many tomatoes left.
- Kate** OK, let's get two pounds of tomatoes. Is that it?
- Angela** No, no. We're out of flour. Get a bag. Oh, and we're out of eggs, too.
- Kate** How many eggs do you want?
- Angela** A dozen is OK. That's all.
- Kate** Good. Oh, I'm thirsty. Let me get a soft drink and then we can go to the checkout.
- Angela** Umm... Kate... Have you got any money with you?
- Kate** Not much. Only five pounds. Why?
- Angela** Well, I'm afraid my purse is in my other handbag... at home!

- C. Read again and correct Kate and Angela's shopping list.



3 pints of milk  
1 packet of pasta  
2 lbs. of cheddar  
1 lb. of onions

## GRAMMAR

- A. Read the examples.

**much / many / a lot of / lots of**

**many** + plural countable nouns

*There aren't **many** potatoes in the bag.*

**much** + uncountable nouns

*There isn't **much** milk in the fridge.*

**a lot of / lots of** + uncountable and plural countable nouns

*Martin drinks **a lot of / lots of** coffee.*

*I have got **a lot of / lots of** friends.*

- B. Circle the correct words.

- A:** How much money have you got?  
**B:** Not **much** / **many**. My wallet is at home.
- A:** Do you drink **many** / **much** milk?  
**B:** Not really, but my sister drinks **a lot** / **lots of** milk.  
**A:** Drink **many** / **lots of** milk. It's good for you.
- A:** We don't have **much** / **many** apple juice.  
**B:** I know, but there's **a lot of** / **many** orange juice in the fridge.

## LISTEN

A radio host is interviewing a specialist about the average American's eating habits. Listen and complete the chart.

### RESULTS OF A STUDY OF THE AVERAGE AMERICAN PERSON'S EATING HABITS

coffee:  cups per day

: 320 glasses per year

: 220  per year

ice cream:  gallons per year

: 576 cans per year

## SPEAK & WRITE

Talk in pairs.

**Student A:** Imagine that you and your partner want to make a shopping list for the supermarket. Look at the list of things below and decide which of the food and drinks you haven't got and put a cross next to them. For the rest of them write the quantity next to them. Then answer your partner's questions.

rice     eggs     onions     salt   
tomatoes     sugar     potatoes   
cheese     pasta     lemons

**Student B:** Look at the list of things and ask your partner how much / how many of each item there is / there are. Write the shopping list in the space provided.

---



---



---

*How much / many ... is/are there?*





*There is/are a lot of... / There isn't / aren't much / many...*

*Let's buy... / We don't need any...*

# 5.5 Fast food

## VOCABULARY

Listen and repeat. Look at the table below and check the appropriate columns for cake and pizza.

				
sweet	✓			
bitter	✓			
salty				
spicy				
fresh	✓	✓		
sour		✓		

## READ

- A. Look at the title of the text.
- What do you think street food is?
  - Can you think of some examples?
- B. Listen, read and compare the information in the text with your answers.

# Street Food..

Many people work long hours and haven't got time to cook or go to a restaurant to have a proper meal. What do they do? The answer is street food.

**Crêpes** are a French speciality. There are sweet crêpes with chocolate or jam. But crêpes with cheese, tomato and mushrooms are also delicious!



**Nachos** are popular at baseball games, but people also walk around the city eating them because they are easy to carry. Nachos look like crisps, but they are made of corn. On top, there are lots of vegetables like tomatoes, onions, and peppers and melted cheese. Sometimes they can be really spicy!



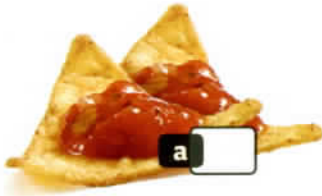
## LISTEN

Listen to three short dialogues and answer the questions. Choose *a* or *b*.

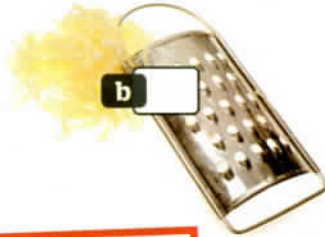
1. What doesn't the boy want in his crêpe?



2. What is the woman eating?



3. What does the man want a lot of on his taco?



# in a city

## SPEAK

Talk in pairs. Take turns to ask each other questions about street food in your country.



Do you like street food?

.....

What's your favourite?

.....

What's on/in it?

.....

What does it taste like?

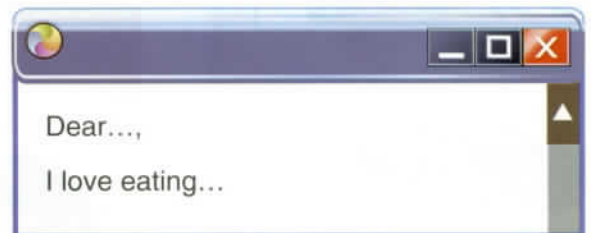
.....

Are there different kinds of (name of the food)?

.....

## WRITE

Your e-pal is working on a project about food around the world. He/She has asked for your help. Send him/her an e-mail with the information about street food in your country.



Dear...,

I love eating...



**Soft pretzels** are great as a fast snack. They are really big and you can get them with or without salt. There are even sweet pretzels with chocolate! Other pretzels usually have melted cheese or mustard.

Americans love Mexican food and that's why **tacos** are a popular street food. In many cities, there are stands selling tacos on street corners. You can get tacos with different kinds of meat and lots of different vegetables and cheese on top, and they can be as spicy as you want!



C. Read again and decide if the statements are True or False. Write T for True or F for False in the boxes.

- Crêpes are always sweet.
- Nachos and crisps are the same.
- Pretzels are very spicy sometimes.
- A lot of people like eating tacos in the USA.
- People eat nachos at baseball games.



# 5.6

# Eating habits

## VOCABULARY

Match. Then, listen and check your answers.



1



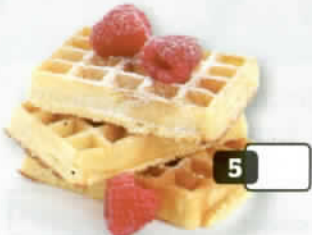
2



3



4



5

- a** biscuits
- b** doughnuts
- c** waffles
- d** pancakes
- e** hot chocolate

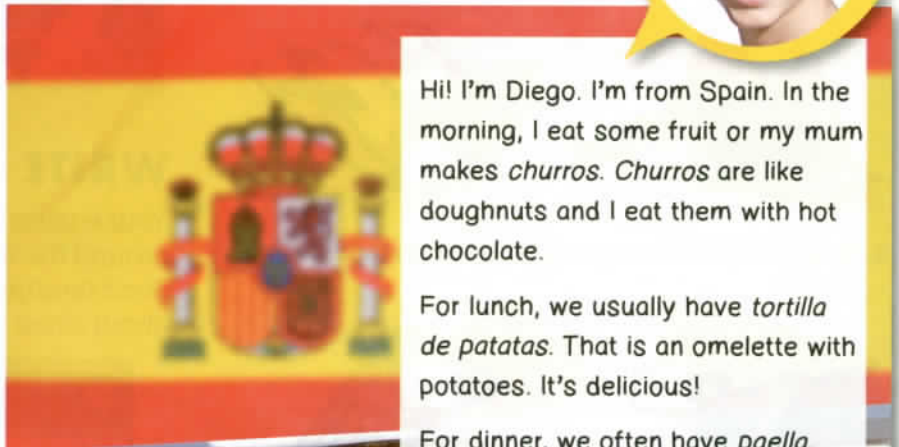
## READ

A. Listen and read. Then, choose the best title *a*, *b* or *c*.

**a** Breakfast around the world

**b** What do you eat?

**c** Healthy eating



Hi! I'm Diego. I'm from Spain. In the morning, I eat some fruit or my mum makes *churros*. *Churros* are like doughnuts and I eat them with hot chocolate.

For lunch, we usually have *tortilla de patatas*. That is an omelette with potatoes. It's delicious!



For dinner, we often have *paella*. That's rice with vegetables and fish or meat. My favourite is with seafood. I also like having dinner at a *tapas* bar. *Tapas* are lots of different kinds of small dishes so you can try lots of different things.



Hello, my name's Tonia and I'm from the UK. For breakfast, I usually have some cereal with milk and sugar. I sometimes have pancakes and a glass of orange juice, too.

I have lunch at school, so I usually just have a sandwich and some fruit. Apples are my favourite.

For dinner, I often have some spaghetti with tomato sauce or sometimes a steak. Of course, I always have dessert. Chocolate cake is my favourite!



B. Read again and write who eats the following and if it's for *breakfast, lunch, dinner* or *dessert*, as in the example.



1. Diego's dinner      2. \_\_\_\_\_



3. \_\_\_\_\_      4. \_\_\_\_\_



5. \_\_\_\_\_      6. \_\_\_\_\_



7. \_\_\_\_\_      8. \_\_\_\_\_

## SPEAK

Talk in pairs about your eating habits.

What do you usually have for breakfast?

... What about you?

What do you usually have for lunch?

... What about you?

What do you usually have for dinner?

... What about you?

## WRITE

### Avoiding repetition

Don't repeat the same words all the time. Use words like:

- **he/she/it/we/they** (subject pronouns)
- **him/her/it/us/them** (object pronouns)

I always have a glass of **milk** for breakfast.

~~It~~  
~~Milk~~ is good for you.

I don't eat **vegetables**.

I don't like ~~them~~  
~~vegetables~~.

A. Replace the words in red in sentences 1-5 with subject or object pronouns.

1. For dinner, we often have tacos. **Tacos** are delicious.
2. My brother and I always have lunch at school. **My brother and I** usually have a sandwich and an apple.
3. On Saturday evenings I go out for pizza with my friends. I usually eat six pieces of pizza! I love **pizza**!
4. I like fruit, but I don't eat cherries. I don't like **cherries** at all.
5. My sister never eats chocolate. **My sister** doesn't like **chocolate**.

B. Use the notes below to write about your eating habits.

### My eating habits

For breakfast, I usually have...

For lunch,...

For dinner,...

## LISTEN

Listen to three dialogues and circle the correct words.

1. The man orders **steak and chips** / **spaghetti with chicken**.
2. The boy usually has a **sandwich** / **some fruit**.
3. The woman wants to have **lunch** / **breakfast**.

# Round-up

## VOCABULARY

A. Cross out the odd word. Then, add one more.

1. spaghetti - ice cream - cheeseburger - soup - \_\_\_\_\_

2. chips - bananas - oranges - cherries - \_\_\_\_\_

3. carrot - onion - potato - steak - \_\_\_\_\_

4. lemonade - ketchup - coffee - milk - \_\_\_\_\_

5. chocolate - ice cream - yoghurt - cake - \_\_\_\_\_

6. steak - sausages - chicken - pears - \_\_\_\_\_

SCORE  12

B. Complete the sentences with the words in the box.

can slice piece bottles bars cup

1. Let's buy two \_\_\_\_\_ of water.

2. Would you like a \_\_\_\_\_ of cake with your tea?

3. I'm tired. I need a \_\_\_\_\_ of coffee.

4. He eats six \_\_\_\_\_ of chocolate every day.

5. There's only a \_\_\_\_\_ of chicken for dinner. Let's order a pizza.

6. Can I have a \_\_\_\_\_ of lemonade, please?

SCORE  6

## GRAMMAR

C. Complete the sentences with *a*, *an*, *some* or *any*.


1. Would you like \_\_\_\_\_ apple or \_\_\_\_\_ grapes?

2. I want \_\_\_\_\_ bread and \_\_\_\_\_ cheese.

3. I'd like \_\_\_\_\_ chicken sandwich.

4. Is there \_\_\_\_\_ yoghurt in the fridge?

5. Would you like \_\_\_\_\_ ketchup?

6. I don't eat \_\_\_\_\_ meat. SCORE  8


D. Complete the blanks with *How much*, *How many*, *much* or *many*.

1. \_\_\_\_\_ bread do you eat with your meals?

2. A: \_\_\_\_\_ peppers are there in the fridge?

B: There aren't \_\_\_\_\_ left.

3. There isn't \_\_\_\_\_ milk left.


4. \_\_\_\_\_ slices of bread do you have with your lunch? SCORE  5

E. Circle the correct words.

1. Are there **many** / **a lot** carrots in the fridge?

2. There isn't **much** / **many** salt in the soup.

3. Of course you can make a cherry pie. There are **lot of** / **lots of** cherries in that basket.

4. We don't have **much** / **a lot of** lemons, so can you go to the supermarket? SCORE  4

## COMMUNICATION

F. Complete the dialogues with the phrases a-d.

**a** Is that all?

**c** Can I take your order?

**b** Get me a glass of water, please.

**d** Would you like some lemonade?

Waiter (1) \_\_\_\_\_


Man Yes. I'd like some pasta and a green salad, please.

Waiter (2) \_\_\_\_\_

Man I'd also like a lemonade.

Boy Is there any milk?

Girl No, there isn't. (3) \_\_\_\_\_

Boy I don't like it. (4) \_\_\_\_\_ SCORE  8

G. Match.

1. I love chicken.

a. No thanks. I don't eat junk food.

2. Have some peas.

b. Three glasses.

3. Let's get a cheeseburger.

c. No, she doesn't.

4. What do you usually have for breakfast?

d. Me too. It's my favourite food.

5. How much milk do you drink a day?

e. A salad, please.

6. What do you want with your meal?

f. Ew! I hate them.

7. Does she like spicy food?

g. Some cereal with milk.

SCORE  7

TOTAL SCORE  50

### Now I can...

- Turn back to the cover page of the unit.
- Read through the **In this unit you will learn** section again.
- Tick the points that you feel confident about.